



# THE WOBBLE IN HUMAN NATURE

## ALIGNING YOUR ORBIT WITH GOD

### STUDY GUIDE

LECTURE: **THE WOBBLE IN HUMAN NATURE:  
ALIGNING YOUR ORBIT WITH GOD**

DELIVERED:  
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**KEYNOTE:**  
REGIONAL STUDENT MINISTER  
RODNEY MUHAMMAD

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## SUMMARY

This lecture features a powerful three-part presentation focused on spiritual alignment, the "Divine Line" of leadership, and the physical/mental preservation of the human family.

### The Power of Truth in a Dark Hour (Student In The Ministry Joseph Muhammad)

Student Joseph Muhammad opens the meeting by framing the current era as a **"dark hour"** where the "War of Armageddon" has already begun. He emphasizes that seeking a knowledge of God is the only way to navigate this darkness, noting that trying to go through life without it is like **"a man who has no sight going into a dark house looking for a black cat that ain't even there"**. He highlights the mosque and study groups as essential **recharging stations** where believers can protect their energy from a negative world that "sucks the juice" out of their spiritual batteries. Central to his message is the unity of the "three saviors" (Master Fard Muhammad, the Most Honorable Elijah Muhammad, and the Honorable Minister Louis Farrakhan), describing them as a single continuous baton of divine guidance passed down to the people.

### The Divine Reset: Food as Medicine (Student In The Ministry Tuere Muhammad)

Student Tuere Muhammad provides an educational fact-check comparing the latest **2025–2030 USDA Dietary Guidelines** with the 1972 teachings of the Most Honorable Elijah Muhammad. She illustrates how the U.S. government is only now admitting decades-long mistakes regarding the "food pyramid" and highly processed foods—corrections that were detailed in *How to Eat to Live* over fifty years ago. Key insights from this segment include:

- **The Navy Bean as a Superfood:** Taught to be a source of life that can provide a lifespan of 140 years.
- **The Dangers of Soy and Nuts:** Identifying these as "hormone disruptors" and life-shortening "concrete".
- **Mental Digestion:** The warning that **wrong thoughts wreak havoc on the body** even if one eats the proper physical food.

### Breaking Gravity: Navigating the End of a Cycle (Student Minister Rodney Muhammad)

Student Regional Minister Rodney Muhammad delivers the keynote address, centering on the concept of the **"Great Spiritual Jailbreak"**. Drawing from the movie *The Great Escape*, he argues that believers must learn to use whatever "spoons" or tools are available within their "captivity" to dig their way to freedom. He addresses the modern crisis of **"change overload,"** where technology and AI double human knowledge every 2–3 years but leave the masses more isolated and confused.

Minister Rodney further explores the **"wobble" in human nature**, using the Earth's 23.5-degree tilt as an analogy for the human need to be **properly angled toward God** to maintain stability. He concludes with a powerful metaphor for spiritual evolution:

**Like a rocket breaking the law of gravity, certain parts—and even certain people—must fall away as you ascend into a new orbit with God.**

## Study Guide: Student In The Ministry Joseph Muhammad

I. **Who are the three figures Joseph Muhammad identifies in the "line of divine," and what is their relationship?**

◦ The three figures are **Master Fard Muhammad**, the Most Honorable Elijah Muhammad, and the Honorable Minister Louis Farrakhan. Joseph Muhammad describes them as a single continuous line where a **"baton"** of divine

guidance is passed from one to the next. He emphasizes that "the three is really one" and refers to Minister Farrakhan as the embodiment of both Master Fard Muhammad and Elijah Muhammad.

## 2. What analogy does Joseph Muhammad use to describe the danger of living without a knowledge of God?

- He quotes Minister Jabril Muhammad, stating that going through life without knowing God is like **"a man who has no sight going into a dark house looking for a black cat that ain't even there"**. He warns that without the "light of God," a person is not only blind to their surroundings in this **"dark hour"** but is also a "fool".

## 3. Why does he compare the mosque to a "recharging station"?

- He uses an electrical analogy, explaining that if a battery lays against a piece of metal, the metal **"sucks the juice"** out of it. Similarly, he argues that the negative world will "drain all the energy" from believers, leaving them depressed or full of anxiety, so they must come to the mosque to **recharge and rejuvenate** their spiritual strength.

## 4. What is the significance of Surah 103 (The Time) in his message regarding truth and survival?

- Joseph Muhammad cites Surah 103 to show that "surely man is in loss" except for those who enjoin one another to **truth and patience**. He stresses that in the current era, being truthful is a matter of life and death, stating that **"you can lose your life just on not being truthful"** because life is "very fragile" and a "fleeting moment".

## 5. How does Joseph Muhammad define the purpose and nature of the "Study Guides"?

- He characterizes the study guides as the **"armor of God"** that believers must put on for protection. These guides are designed to help people navigate a "dark hour," build their **human potential** from a spiritual standpoint, and develop an "intimate relationship" with Master Fard Muhammad.

## 6. What warnings does he provide regarding "hypocrisy and conspiracy"?

- He notes that individuals can be drawn into a conspiracy through **ignorance** or by others drawing them in "knowingly and deliberately". He cautions believers to be careful about their associations and to maintain the **"highest levels of conversation,"** such as discussing the Koran or the teachings, rather than hovering on low-level topics like sports.

## 7. How does he describe the current global situation regarding the "War of Armageddon"?

- He asserts that the **"war of Armageddon has already begun"** and warns that if you do not realize you are at war, you have "lost before the war is even begun". He emphasizes that the "enemy" is using **"quiet weapons"** such as food to fight a quiet war, and believers must remain alert and "not close [their] eyes" because their very lives and families are the prize.

# Study Guide: Student In The Ministry Tuere Muhammad

## 1. What significant government update does Tuere Muhammad discuss, and what is its core "commonsense" message?

- She discusses the **2025–2030 Dietary Guidelines for America** released on January 7th by the U.S. Department of Health and Human Services and the USDA. The core message of this "significant reset" is for the American people to simply **"eat real food"**.

## 2. How does Tuere Muhammad contrast the 1992 "food pyramid" with the current government stance?

◦ She notes that while the **1992 food pyramid** prioritized 6–11 servings of bread, cereal, and grains, the government now admits this guidance was a **mistake that misled people for decades**. The new guidelines prioritize **nutrient-dense proteins** and whole foods while calling out the dangers of highly processed, refined carbohydrates.

### 3. What startling statistics does she provide regarding the health of the American population in 2026?

◦ Tuere Muhammad cites that **50% of Americans have prediabetes or diabetes**, and 75% of adults report at least one chronic condition. Most significantly, **90% of U.S. healthcare spending** is used to treat chronic diseases linked directly to **diet and lifestyle** rather than genetics or environment.

### 4. Why is the navy bean highlighted as a "superfood" in this lecture?

◦ Drawing from the teachings of the Most Honorable Elijah Muhammad, she describes the **navy bean** as a source of life that can provide a **lifespan of 140 years**. She emphasizes its versatility, noting it is a crop that can be **grown and eaten in any season**.

### 5. What specific warnings does she give regarding the consumption of nuts and soy?

◦ She states that **no nuts should be eaten**, quoting the teaching that they **take away five years of life** every time they are consumed. Regarding **soy**, she identifies it as a **hormone disruptor** and a crop intended for cattle and chickens rather than human consumption.

### 6. What is the divine guidance provided regarding breastfeeding and infant health?

◦ Tuere Muhammad cites the Holy Quran (Surah 2:233) and the teachings of Elijah Muhammad to advocate for breastfeeding for **two whole years**. She further notes that the **milk of a mother is better for the baby** than the milk of a cow or any other animal, even if the mother is sick.

### 7. How does mental state affect physical health according to this presentation?

◦ She explains that even if a person eats the proper physical food, **wrong thoughts will still wreak havoc on the body**. To achieve the best health results, an individual must have **good thoughts** and follow principles that reform the mind as well as the plate.

## Study Guide: Regional Student Minister Rodney Muhammad

### 1. What does Rodney Muhammad describe as the "Great Spiritual Jailbreak"?

◦ Using the film *The Great Escape* as a metaphor, he explains that believers in "captivity" must learn to use whatever tools are available to them—comparing a spoon used as a shovel or a knife used as a file—to dig their way out to freedom. He emphasizes that believers should use their diverse talents and skills, from farming to space technology, to achieve independence.

### 2. How does he explain the "wobble" in human nature?

◦ Drawing from the teachings of the Most Honorable Elijah Muhammad, he notes that the Earth is not perfectly round and has a "wobble" because it is inclined at **23.5 degrees**. He uses this to illustrate that the nature of the original man also has a "wobble" (imperfection), but as long as a person is **angled properly toward the light of God**, they can walk perfectly despite their imperfections.

### 3. What is the danger of "change overload" in the modern age?

◦ He warns that the world is experiencing an era of **information overload**, where human knowledge now doubles every **2–3 years**. This rapid shift, combined with a loss of human-to-human contact due to screen usage, creates a "change overload" that can cause people to crumble if they do not lean on God as a source of stability.

### 4. What does Rodney Muhammad identify as the "only psychology" that works today?

◦ He references the Honorable Minister Louis Farrakhan's teaching that **truth is the only psychology** that will work because the human mind was created by God out of truth and for truth. He argues that because the universe is 76 quintillion miles of truth, a person cannot find a lie in a "law-abiding creation".

### 5. Why is God referred to as the "Ultimate Reference Point"?

◦ Minister Rodney states that "Allah is the Best Knower," meaning He is the **ultimate reference point** for those who believe. He cautions against following social media or using personal feelings to determine truth, suggesting instead that all information should be put up against what God says to see if it is in harmony.

### 6. What does he say about the "orbit" of a person's life?

◦ He defines an "orbit" as a sphere of activity, interest, and application. He explains that every person's life has a **center**, and if God is not that center, the person becomes subject to whatever else is at the middle of their life, which will ultimately manifest in a "range of actions" that may lead them off the right course.

### 7. How does he address the issue of "counterfeit" believers?

◦ He warns that the current transition into a new cycle **will not accept counterfeit people**. He stresses that believers must be authentic in their practice because those who refuse to make God their "center" will be unable to maintain their spiritual orbit in the coming time.

### 8. What is the significance of the year 2025 in his lecture?

◦ He identifies the current time as the **end of a 40-year cycle** (1985–2025). He explains that while methods that worked in the previous cycle might still yield some "fruit," they will never be as effective as before unless the believer evolves with the teacher to keep pace with the new cycle.

### 9. What is the "spirit of watchfulness"?

◦ Referring to the scripture of the "good man of the house" who would have stayed awake if he knew when the thief was coming, he encourages believers to maintain a **spirit of watchfulness**. This means staying spiritually alert and remaining faithful to the program of God so that they are not caught off guard by the "Son of man".

### 10. How does he use the metaphor of a rocket to describe spiritual growth?

◦ He compares spiritual ascension to a **rocket breaking the law of gravity**. He explains that as a rocket ascends, certain parts must fall off because they were never meant to go the whole trip; similarly, as a person is elevated by God, **certain people or old habits will fall away** so the individual can reach a new orbit.

### 11. What warning does he give regarding the repetition of unverified information?

◦ He cites a law in the Nation that if a person **repeats a statement three times** without verifying its truth, they are charged as if they were the one who started the lie or conspiracy. He highlights this to show the danger of spreading misinformation online or through social media.

### 12. What practical discipline does he urge believers to return to?

◦ He urges a return to the discipline of eating **one meal every 24 hours**. He notes that since millions of Americans suffer from diet-related chronic illnesses, believers must adhere to this discipline to bring their lives and health back into proper order.